

Relationship Education

Equipping couples with communication and conflict resolution strategies to navigate life together.

TIME FOR US

Three or four private, one-hour sessions between the couple and an Educator.

We use online relationship tools as a springboard to start discussions regarding expectations, communication patterns, managing differences, conflict resolution, children, religion, culture and finances.

WHEN: Wednesdays evenings and Saturday mornings. Day time appointments may be available upon request.

WHERE

Both courses are held in our city office at 45 Wakefield Street, Adelaide.

Online options are available for people living in regional or remote areas.

For enquiries and registrations, call (08) 8215 6700.
centacare.org.au

IS LOVE ENOUGH?

Group session on a Saturday, which is based on current research about what makes long term relationships successful.

A variety of topics are explored including communication, problem solving and conflict resolution. This forum gives couples the opportunity to explore these issues with other couples.

WHEN: Saturday sessions throughout the year.

FEES

\$300 – both participants employed

\$280 – one employed/one full-time student or unemployed

\$200 – both unemployed/full-time students